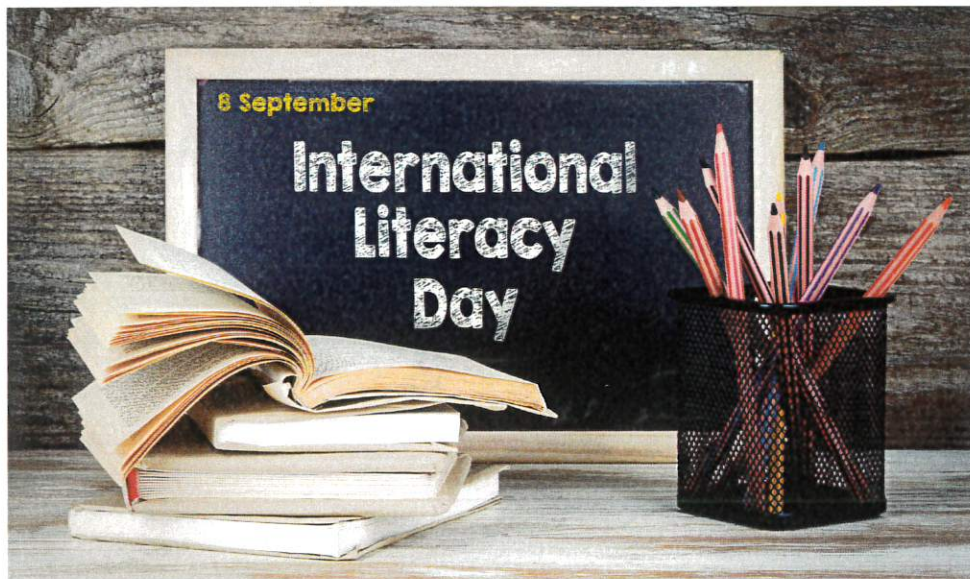


pal

# Literally Speaking

Developing the literacy skills of adults to empower them to achieve greater success in their lives



## International Literacy Day

Join Us September 8th  
for PAL's International  
Literacy Day Celebration

We are excited to host  
International Literacy Day (ILD),  
LIVE, at the Newport Beach  
Public Library. This is one of our

favorite events of the year so be sure to mark your calendar to join us for this special day of celebration that honors the learners in our program.

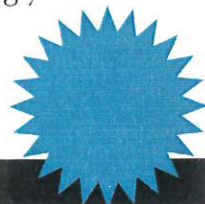
In 1966, UNESCO (United Nations Educational, Scientific and Cultural Organization) proclaimed September 8th as International Literacy Day to remind the global community of the importance of literacy for individuals, communities and societies, and the need for intensified efforts towards more literate societies. All of the volunteers at PAL work hard to fulfill this directive, and the results are evident by the wonderful accomplishments by our learners.

One of the highlights of International Literacy Day is the announcement of the Rochelle Hoffman Memorial Award. Rochelle was a beloved tutor in the program until her death in 2004. Her family and friends started this award in Rochelle's honor to recognize one special learner for their outstanding achievements in their literacy efforts. Because of Rochelle's thoughtful family and friends, the chosen learner is presented with a generous cash award.

Another highlight of ILD is the distribution of a book of learners' writings. *In Our Own Words* is a collection of stories, essays, poems, and other writings that the learners have worked on throughout the year.

A potluck style brunch provided by our learner community will be served. We look forward to seeing you on September 8th at 10am in the Friends Meeting Room at the Library.

[CLICK HERE TO RSVP](#)



# project adult literacy

*A program of the Newport Beach Public Library*

Developing the literacy skills of adults to empower them to achieve greater success in their lives



## Would you leave a review for Project Adult Literacy?

Stories from people like you will help us make an even bigger impact in our community. Each year GreatNonprofits recognizes highly regarded nonprofits with their Top-Rated List. We are grateful to have made the list of "Great Non Profits" for the last 8 years. We count on your help in getting us there this year as well. Writing about your experience will help us raise visibility for adult literacy in our community and about the work we do. Go here to get started: <https://bit.ly/PAL-Review>



## Donations Welcome

Donations through the mail:  
Project Adult Literacy, 1000 Avocado Avenue  
Newport Beach, CA 92660  
Donations can be made online:  
<https://bit.ly/PAL-Donate>  
Tax ID 93-1011706

S	M	A	R	T
SPECIFIC	MEASUREABLE	ATTAINABLE	RELEVANT	TIME-BOUND
Define your goal in detail. Be as specific as possible.	Decide how you will measure success.	Set realistic goals that challenge you, but are achievable.	Ensure your goal is results-oriented.	Set a clear deadline and monitor your progress.
G	O	A	L	S

## Why Use SMART Goals?

Source: Forbes (<https://bit.ly/Forbes-Goals>)

How do you set meaningful goals that you can actually achieve? Many accomplished students and professionals rely on the SMART goal-setting method. This approach defines your purpose and sets clear objectives to establish success.

Perhaps the most critical step in the goal-setting process is writing down your goals. Writing goals down makes them concrete, and research suggests you're much more likely to reach written goals.

Here are some tips for writing down your goals:

- Use verb-noun structure. Each action item should begin with a verb. (e.g. Volunteer at the animal shelter 5 hours a month, Obtain citizenship by December 2022).
- Break the big picture into smaller, doable increments with action plans for each step.
- Review action plans regularly.
- Identify obstacles to success.
- Prioritize your goals based on importance to you, both now and in the future.

Ready, set, go!



# A WORLD OF RESOURCES FOR ADULT LEARNERS

For Adult Learners ages 18 and older, Project Adult Literacy (PAL) provides a wide range of resources for the improvement of English reading, writing, and communication skills including:

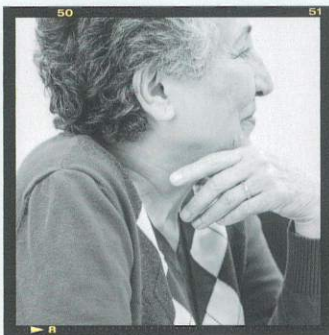
- Trained volunteer tutors for One-on-One tutoring
- Small group classes to improve English language and communication skills. We also offer life skills workshops like Job Searching, Financial Literacy, voting and more
- Assistance with test preparation including
  - Citizenship
  - Driver's License
  - GED and more
- Extensive learning tools, resources, volunteer support



*Making learning fun in a group class*

## VOLUNTEER

The rewards of volunteering can be enormous. Volunteering at PAL offers crucial help, but the benefits can be even greater for you, the volunteer.

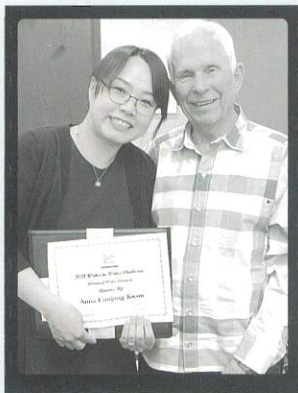
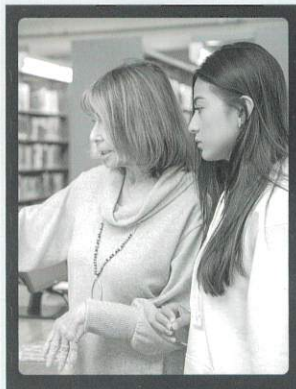


*"Thank you for all you do. This is an amazing program that helps us all a lot!"*

*HP, learner*

*"I once was told that I'd never be able to read or write; but with the help of PAL, and a good tutor, he got me to stay focused."*

*Toni, learner*



*"I have been a volunteer tutor since 2014. I have witnessed how life-changing the gift of literacy is and I am proud to be part of it. This has, by far, been the most fulfilling volunteer experience of my adult life."*

*HC, tutor*

## project adult literacy

1000 Avocado Avenue  
Newport Beach, CA 92660  
[projectadulteracy.org](http://projectadulteracy.org)



# project adult literacy

*A program of the  
Newport Beach Public Library*

Empowering adults  
to achieve greater  
success in their lives.

# LITERACY CHANGES LIVES

A program of the Newport Beach Public Library, Project Adult Literacy provides free literacy instruction to adults who live or work in the area.

Our team of dedicated volunteers has helped hundreds of people improve their literacy skills over the last three decades — which in turn could mean everything from getting a better job, to reading the prescription without fear of taking the wrong dose, getting a high school diploma, getting into college, helping a child with homework, or even just reading a headline or a note from a teacher.

Project Adult Literacy (PAL) is firm in the belief that literacy changes lives.

## ONE-ON-ONE TUTORING

- Goal oriented tutoring
- Free and confidential
- Supportive, positive environment
- Small group classes
- Easy-to-use learning materials

## CAREER ONLINE HIGH SCHOOL

- Accredited high school diploma
- Flexible schedule
- Earn a career certificate
- One-on-one academic help

## DID YOU KNOW?

According to the U.S. Department of Education:

- Over 400,000 adults in Orange County struggle to read.
- Low literacy costs the Federal Government approximately \$2.2T per year.
- Low-literate adults are over ten times more likely to receive public financial aid.
- Children of adults with low literacy skills are twice as likely as their peers to struggle with reading and writing.

## YOU CAN HELP

Literacy changes lives. You can be part of the change by joining as a tutor, a volunteer, or by giving your financial support.

## DONATE

Project Adult Literacy depends on the support of our community. You might consider sharing our vision by joining the many individuals and businesses whose generous donations make our programs possible.

To make a donation please visit:  
[www.projectadulthoodliteracy.org](http://www.projectadulthoodliteracy.org)

## BECOME A TUTOR

Our volunteer tutors are the foundation of PAL - their dedication to learners has helped hundreds of people reach their goals and become more active and successful participants in the community. No teaching experience is necessary! PAL provides training and continued support to all of our volunteers.

Contact us at: 949.717.3874  
[literacy@newportbeachca.gov](mailto:literacy@newportbeachca.gov)

